

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line											
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	2											
	Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	35										
		Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	20-22									
			Introduction	3b	Main symptoms and/or important clinical findings	22-26								
				Patient Information	3c	The main diagnoses, therapeutic interventions, and outcomes	22-29							
					Clinical Findings	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	29-32						
						Timeline	4	One or two paragraphs summarizing why this case is unique (may include references)	38-41					
							Diagnostic Assessment	5a	De-identified patient specific information	43-48				
								Therapeutic Intervention	5b	Primary concerns and symptoms of the patient	44-48			
									Follow-up and Outcomes	5c	Medical, family, and psycho-social history including relevant genetic information	45-48		
										Discussion	5d	Relevant past interventions with outcomes	45-48	
											Patient Perspective	6	Describe significant physical examination (PE) and important clinical findings	43-45
												Informed Consent	7	Historical and current information from this episode of care organized as a timeline
													8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)
													8b	Diagnostic challenges (such as access to testing, financial, or cultural)
													8c	Diagnosis (including other diagnoses considered)
													8d	Prognosis (such as staging in oncology) where applicable
													9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)
													9b	Administration of therapeutic intervention (such as dosage, strength, duration)
													9c	Changes in therapeutic intervention (with rationale)
													10a	Clinician and patient-assessed outcomes (if available)
													10b	Important follow-up diagnostic and other test results
													10c	Intervention adherence and tolerability/ (How was this assessed?)
													10d	Adverse and unanticipated events
													11a	A scientific discussion of the strengths AND limitations associated with this case report
													11b	Discussion of the relevant medical literature with references
													11c	The scientific rationale for any conclusions (including assessment of possible causes)
													11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion
													12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received
													13	Did the patient give informed consent? Please provide if requested