

CARE Checklist of information to include when writing a case report





Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Title Page1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Keywords Page1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page1
	3b	Main symptoms and/or important clinical findings	Page1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page1
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page1
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page1
Patient Information	5a	De-identified patient specific information	Page2
	5b	Primary concerns and symptoms of the patient	Page2
	5c	Medical, family, and psycho-social history including relevant genetic information	Page2
	5d	Relevant past interventions with outcomes	Page3,4
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page2,3
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page2
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	D 0
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA
	8c	Diagnosis (including other diagnoses considered)	Page2
	8d	Prognosis (such as staging in oncology) where applicable	Page2-4
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page2-4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page2
	9c	Changes in therapeutic intervention (with rationale)	Page2,3
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA
	10b	Important follow-up diagnostic and other test results	Page4
	10c	Intervention adherence and tolerability (How was this assessed?)	Page4
	10d	Adverse and unanticipated events	None
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page4-8
	11b	Discussion of the relevant medical literature with references.	Page4-10
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page8,9
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page8,9
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	None
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes V No 🗌